



August 2023 NRLHF Newsletter

From the Chairman

Greetings!!

Well, the dog days have past, and summer is winding down once again. My question is, where did it go so fast? Autumn is definitely nipping at its heels.

With that said, the last NRLHF event of the year is the Eastern Primitive Rendezvous which is slated for September 22nd to the 30th in Sugar Grove, PA. We have extended the pre-registration to September 10, 2023 because the Labor Day Holiday weekend and the deadline for pre-registration were at the same time. So everyone has been given an extra week to get their registrations taken care of.

Please note: It is imperative that campers pre-register in order for the folks running the EPR to have a really good idea of the numbers attending, which helps them adjust supplies, such as wood, water, hooters, etc. It also helps the board breathe easier knowing that we will be hosting an event that will finish in the black and not in the red. For that, we thank you!

We'll see you all around the campfire.

Respectfully, Gary Flegel

Eastern Primitive Rendezvous Details

NATIONAL RENDEZVOUS & LIVING HISTORY FOUNDATION, INC
46th ANNUAL
EASTERN PRIMITIVE RENDEZVOUS
September 22nd-29th, 2023
2911 Stoney Run Rd. SUGAR GROVE, PA 16350

ANY Changes to scheduled events will be announced at camp meeting

Basic Information

Opening Ceremony Friday, Sept. 22, at 10 am

Closing Ceremony Friday, Sept. 29, at 6pm

Ice will be available daily, by 8am. Please keep the camp primitive by carrying ice in a period container.

Garbage pickup will be done once a day.

Wood will be seasoned hardwood and will be available throughout the camp. Please do not hoard the wood. There is plenty.

Water is good, certified drinking water and will be provided.

No form of bathing, or washing any items is allowed around the spigots. Rinse your chamber pots at your camp

Please do not hang water buckets on the spigots.

Medallions Lost medallions should be reported to the Gate. Found medallions should be taken to the gate.

Public is welcome to visit camp Saturday September 23, and Sunday September 24, from 10 am- 4 pm. A donation of \$5.00 is appreciated. Ages 12 and under is free. Plus, visitors are also allowed, in the Sutler Area, Monday, September 25, till Friday, September 29 from 10 am - 4pm. Donations are welcomed and appreciated

Public School Day is Tuesday September 26 from 9am-3pm.

NRLHF meeting Thursday Sept. 28, in the Meeting House

Gate Hours Public Days -Sept. 23- Sept.24th 7am- 9am, vehicles must be out of camp by 10am. 5pm -7pm vehicles be out of camp by 8pm.

Non-Public Days- 8am-10am vehicles must be out of camp by 11am.

3pm-5pm, vehicles must be out of camp by 6pm.

Early Setup

Pre-registered traders and food vendors may set upon Tuesday. September 19, with no early setup fee. You must set up in the Sutlers' Area.

- Pre-registered campers may set up on Wednesday September 20. and Thursday, September 21, with no early setup fee.
- at the gate (without having pre-registered) must pay a \$5.00 fee per day, per adult, until Friday, September 22, the official start date of the event.
- During Early Setup, there is no time limit on vehicles being in camp. However, you should remove your vehicle from camp as soon as possible.
- During Early Setup, there is no requirement for period-correct clothes.
- From Friday, September 22, Opening Ceremony to the end of the Closing Ceremony on Friday, September 29, **all event rules are in effect.**

SETUP and Teardown During and After the Event

- From Friday, September 22 to the end of Closing Ceremony on Friday, setup, and you must wear period-correct dress while tearing down your camp.
- At the conclusion of the Closing Ceremony on Friday, September 29, there is no time limit on vehicles being in camp and no requirement to wear period- correct dress.

Public Visitation and School Tours

The NRLFA is a federal recognized 501 (c)3 Not -for-Profit Corporation.

With this not- for-profit statues, the rendezvous must provide certain functions to fulfill the 501 (c) 3 requirements.

One of these is to educate. We do this in two ways. First, we allow the outside world to peek at what and who we are. Second, we have seminars in camp and, as needed, education on the competition ranges. To all of you, we thank you for your cooperation and courtesy with the public visitor.

Camping Rules

- All NRLHF rules and regulations apply. Complete rules and regulations may be seen at the Delegate in Charge camp.
- Rendezvous rules go into effect at 7a.m on Friday, September 22, 2023, and ends at 8 a.m. on Saturday September 30, 2023.
- Gate Hours: See Event Schedule
- A modern camp is available with no electrical hookups. There will be no commercial or blanket trading in modern camping area.
- Registration fees pay for your medallion and all the events, competitions, and seminars (“make and take” seminars may have a small cost).
- Your medallion is required for you to be able to enter the rendezvous and must be shown to enter any events or competitions. It must also be shown to vote in foundation elections.
- All clothing, lodges, and accrements must be in the 1640-1840 time period. Unless medically required, no modern footwear or sunglasses are allowed. Period eyewear is encouraged for those wearing glasses.
- All modern items – coolers, bottles, cans, plastic, CELL PHONES (with ringer turned off) etc., must be kept out of sight at all times
- All photography equipment must be covered when not in use. No flash photography.
- Eye and hearing protection is **strongly recommended** on the firing line.
- Disposing of materials from chamber pots into trash bags is strictly prohibited.
- Never dispose of (needles) in regular trash. Sharps should be put into a rigid, leak proof sealable container and taken home for disposal.
- No recorded music will be played after 7 a.m. Friday, September 22.
 - NO SMOKING in the Hooters.
- No pets of any kind will be allowed in the rendezvous area. Pets prescribed by doctor as a companion pet are covered by ADA laws. Pets may be kept in the modern area.
- Service dogs are allowed but must have papers. Service dogs that become a nuisance must leave camp; however, the owner may stay.
- If we have a horse camp for horses, mules, and oxen, they will have to have the proper papers. Current health and negative Coggins certifications are required. You are responsible for the conduct of your animals.
- All tack, wagons, buggies, and accessories must be period correct.
- Absolutely no loaded, primed, or capped firearms will be allowed in camp. No throwing of knives or hawks or atlatl, shooting of bows, use of whips, etc., will be allowed in camp except in designated areas. All edge weapons (knives, hawks, etc.) must be sheathed when not in use.
- Sale, trade or bartering of alcohol is prohibited by the State and NRLHF
- rules.
- Fires must be attended at all times. A minimum of two gallons of water.

A minimum of two gallons of water, in an open container must be kept within five feet of the fire at all times. NO cutting of live trees. Fill and level all fire pits before leaving. **Do Not bury unburned wood or trash. Return all unused firewood to the nearest woodpile.**

- Stealing or fighting at any Foundation event by any participant will result in immediate expulsion from the event. Depending on severity, the local Law Enforcement will be notified.
- Parents are responsible for their minor children.

- The use of firearms, knife, hawks, or any other weapons without direct supervision of the responsible adult is prohibited. This includes practice shooting and / or practice blocks.
- The Range Officer's decision is FINAL. RIFLE RANGE, ARCHERY, HAWK&KNIVE RULES

Nomination and Voting

Nominations

Nominations for Delegate (two-year term) and nominations for Booshway/site for the 2024 and or 2025 Eastern Primitive Rendezvous. Will be announced at the camp meeting on

Friday, September 22

Saturday, September 23

Sunday, September 24

Landowners: Before your site can be presented site must have been a previous approved site or has been approved by a delegate and you must have a temporary land agreement in hand.

Voting

Voting will take place Wednesday, September 27 from 9am-4pm in the meeting house. Each registered adult participant presenting a medallion may vote.

NRLHF Board Meeting

The NRLHF board meeting will be on Thursday September 28th, at 9 am in the Meeting House.

*9-11am - Open Forum: EPR participants are invited to voice questions and concerns. Each participant may speak for no more than 10 minutes.

*11am - Conclusion: maybe extended to allow everyone who sign up a 10- minute window to voice his/her questions to the Board of Directors.

Board Business: This meeting will run until the conclusion of Board business.

SEMIARS

Wednesday, September 27th

Tour of Sugar Shack, 1 pm, by Angela Hotchkiss

Kids Games

Coordinator: Kathy Huey

Saturday, September 23- Thursday September 28: 3-4:30 Commons Friday, September 29, 1-2pm

Ladies Tea

Coordinators: Juanita Smith and Claire Moore Sunday, September 24, 2pm Meeting House
All ladies and young ladies are invited. Bring your favorite cup, and a comfortable chair. Enjoy beverages and snacks, socialize with your friends, and meet others, and share laughs and memories!

Ladies Games

Coordinator: Claire Moore

Monday, September 25, 3pm. Meeting House

Highland Games

Highland Games Coordinator: Kim "Hawk" Trytten

Tuesday, September 26, 1-3pm, Commons

Medallions are required. Gentlemen, you must be kilt-clad to participate. Ladies, you must be sporting some plaid on your person. It can be a sash, a bonnet, or even a small swatch pinned to your skirt.

Meeting House Schedule

Coordinator: Juanita Smith

Thursday, September 21 thru Thursday September 28, 8pm till Midnight Every night has snacks and fun activities & fellowship for all.

One your first visit you will need to show your ID, you must be 21 years old, and have your Medallion with you. Must wear primitive attire. Thank you for not smoking in the Meeting House.

Thursday, September 21: Grand Opening & Meet the Staff

Meet your 2023 EPR Staff, and Meeting House Staff

Friday, September 22: Pirate Night

We will be voting for a Pirate Queen & King.

Saturday, September 23: Native American Night- Woo Woo Sunday, September 24: Lord's & Ladies' Night

Lords and Ladies wear your finest attire for the best night ever!

Monday, September 25: Mountain Man Night Tuesday, September 26: Celtic Night

Real men wear real kilts tonight!

Wednesday, September 27: Masquerade Night

This is your chance to be someone else.

Thursday, September 28: Bon Voyage

Till we meet again!

SCHEDULE OF EVENTS

Rifle and or Smoothbore may be used in all matches Saturday thru Thursday. Competitors may shoot rifle first and then smoothbore later or vice/versa that same day.

Thursday, Sept. 21

Gate Open 8am to 5pm

Meeting House 8pm till Midnight, Grand Opening, Meet the Staff.

Friday, Sept. 22

Gate Open 8am-5 pm

Open Ceremony 10 Am

Camp Meeting 5pm

Meeting House 8-12pm, Pirate Night

Saturday, Sept. 23

Gate Open 7am- 5pm Open to Public 10 am-4pm Archery Range 9am -1pm

Hawk & Knives Range 9am-1pm

Main Range 9am-4pm (4 Target Agg Rifle/ Smoothbore)

Games 3- 4:30 pm

Meeting 5pm

House 8pm-midnight, Native American Night

Sunday, Sept. 24 Gate Open 7am -5pm Church 10 am

Open to Public 10 am-4pm Archery Range 12-4pm Hawk & Knives Range 12-4pm
Main Range 12-4pm (paper shoot) Ladies Tea 2pm
Kids Games 3- 4:30 Camp Meeting 5pm Round Robin 7pm
Meeting House 8pm – 12pm, Lords & Ladies Night

Monday, Sept 25

Opening Gate 8am-5pm Rendezvous school 8am-10am Archery Range 9am-1pm
Main Range 9am-12 pm Upper Allegany Smoothbore Shoot 12 pm-4 pm
Lady Games 3pm Kids Games 3-4:30
Camp & Range Awards Meeting 5pm
Meeting House 8pm- 12 pm, Mountain Man Night

Tuesday, Sept. 26

Opening Gate 8am- 5pm Rendezvous School 8am-10 am Public School Day 9am-
2pm Archery Range 9am-1pm
Segundo Shoot 9-12
Smoothbore/Rifle Shoot 12-4, Garland Ridge Runners
Highland Games 1-3pm
Kids Games 3-4:30 Camp Meeting 5pm
Rendezvous Hymn Sing 7pm At Parsons Camp Meeting House 8pm- 12 pm,
Celtic Night

Wednesday, Sept. 27 Opening Gate 8am-5pm Rendezvous School 8am- 10 am

Voting 9am- 4pm
Archery 9am-1pm
Hawk and Knife 9am-1pm Scribe match 9-12
Blue Jacket Match 12-2
Over the Log and Cross Sticks 1-4 Tour of the Sugar Shack 1pm (Angie) Kids
Games 3-4:30 pm
Camp Meeting 5pm
Meeting House 8pm-12 pm, Masquerade

Thursday, Sept. 28

Opening Gate 8am-5pm Rendezvous School 8am-10 am
NRLHF Board Meeting 9 am Meeting House
Archery 9am-1pm
Trail Shoot 9-am 12pm Canoe Run 12-4
Kids Games 3-4:30 PM
Camp Meeting & Range Awards 5pm
Camp Feast 6pm (Covered Dish and Auction).
Meeting House 8pm-12 pm, Bon Voyage

Friday, Sept. 29 Opening Gate 8am-5pm Archery 9am-1pm Blanket Shoot 9am-12noon Kids Games 1pm-2pm Closing Ceremony 3pm

LOCAL Business

New Beginnings Family Restaurant, 3 Main St. Sugar Grove, Pa. Monday, Tuesday, and Sunday 6am-2pm, Wednesday thru Saturday 6am-8pm
The Bucket Café., 14 Main St., Sugar Grove, Pa., Monday thru Saturday 6am-9 pm, Sunday 7am- 7pm.
The Sugar Grove Laundromat, Wilson St., Sugar Grove.
Walmart Supercenter, 2901 Market St, Warren, Pa. 6am-11 pm. Walmart Supercenter, 961 E. Columbus Ave, Corry, Pa. 6am-11pm.
AMVets Post 50, 3838 Stoney Run Rd, Sugar Grove, Pa. Pizza is Monday and Tuesday evenings

Campfire Cooking

Fried Cottage Cheese and Noodles

By: Gary Flegel

Ingredients:

1 pound Bacon
1 16 ounce bag of Egg Noodles (Gluten free noodles can be substituted)
1 24 ounce carton of Cottage Cheese
1 medium Onion
1 Tbsp. Paprika

Cut bacon into ¼ inch pieces and fry until desired crispness in a Dutch oven over a medium fire. Remove bacon and sauté diced onion in the bacon grease until golden brown. Remove from Dutch oven and set bacon and onions aside. Boil about 4 quarts of water in the Dutch oven and add noodles cooking until tender. Drain noodles and return to Dutch oven. Add bacon and onions and stir until mixed. Sprinkle paprika over top and stir to mix. Add the carton of cottage cheese and stir into mixture. Let this cook for about 5 minutes, stirring constantly, until everything is heated through and the cottage cheese shows some melting. Add salt and pepper to taste. Serve and enjoy.

Dutch Oven Roast Chicken

By: George Fischer

1 whole chicken, 5-6 pounds
1 tablespoon salt
1 teaspoon black pepper
2 lemons, quartered
2 shallots, cut in half
6 medium sweet potatoes, peeled and sliced thinly
4 medium parsnips, peeled and sliced thinly
1 tablespoon olive oil
4 cloves garlic, minced
6 sprigs thyme, plus 1 tablespoon
2 tablespoons shaved parmesan

Directions

1. Preheat the oven to 375° F.
2. Dry the chicken with paper towels, season with salt, pepper, and 1 teaspoon thyme. Stuff the bird with lemon wedges and shallots, then truss.
3. Make sweet potato and parsnip stacks: pile up 4 slices of sweet potato and two slices of parsnips, repeating until the stack is approximately 4 inches tall. Repeat until all the parsnips and sweet potatoes are stacked.
4. Oil the inside of a large Dutch oven and lay the stacks inside the Dutch oven beginning around the perimeter. Fan out until the slices make a complete ring. Repeat with remaining stacks until the bottom of the cookware is full. Sprinkle with salt, pepper, and minced garlic. Add thyme sprigs and top with trussed bird.
5. Cover and roast for 1 hour. Remove the lid and continue to roast for 10-15 minutes, or until the chicken is beautifully browned and cooked through.
6. Remove the bird from the Dutch oven and let rest for 10-15 minutes before carving. Sprinkle sweet potatoes and parsnips with parmesan. Serve sliced chicken atop layers of sweet potato.

Upcoming Event

September 22-30 Eastern Primitive Rendezvous: Pre-registration ends September 10!

To pre-register visit: <https://nrlhf.org/cart.html> Please make sure to select the correct rendezvous on the drop down menu. Thank you!

NRLHF Business Office and Board of Directors

Board of Directors

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George Fischer

RC Wrobel

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Cheryl Aiken

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Don Ricetti

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Secretary

Dianna Gatz

Parliamentarian

Mark Adamik, Jr.

NRLHF Business Office

PO Box 5073

Statesville, NC 28687

Phone: 717-312-3016

Email: NRLHF@nrlhf.org

Website: nrlhf.org

Facebook: www.facebook.com/NationalRendezvousLivingHistoryFoundation/